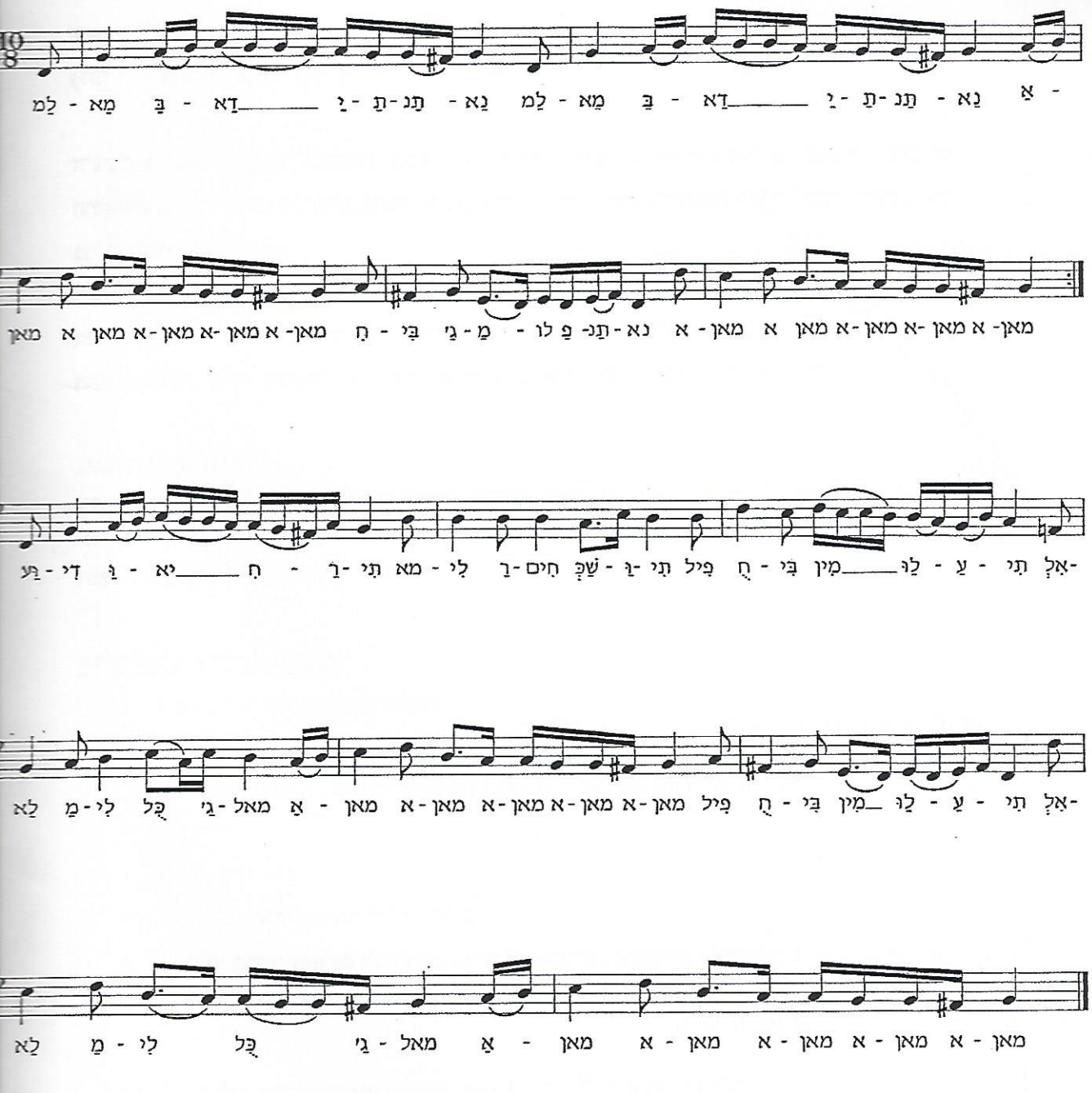Lamma Bada Yatathna